



Dr. John Shim
M.D., F.A.C.S.



A leading expert in spine health.



Over 25 years performing spine surgery



25 years experience in medical evaluations

Patient education



Winner of the 2020 Telly Award



Over 1 million educated on ShimSpine.com & YouTube

JOHN HYUNG SHIM, M.D., F.A.C.S.

12780 RACE TRACK ROAD SUITE 200 TAMPA, FLORIDA 33626

PHONE (813) 814-9251 - FAX (813) 814-9261

WWW.SHIMSPINE.COM

WWW.MEDICALCHRONOLOGY.COM

PERSONAL INFORMATION

Place of Birth: Seoul, Korea

Date of Birth: December 15, 1961

Citizenship: United States of America

LICENSURE

Medical Doctor
State of Florida, obtained May 12, 1993

BOARD STATUS

Diplomat, American Board of Orthopaedic Surgery
Original Certification, Effective January 1, 1995
Recertified to December 2025

FELLOWSHIP

1992 – 1993

Advanced Studies in Spine Surgery at New England Baptist Hospital
Tufts University School of Medicine
Alexander Wright, M.D., Chief of Spine Surgery

RESIDENCY

1991 – 1992

Chief Resident in Orthopaedic Surgery at MontePore Medical Center
Albert Einstein College of Medicine, Yeshiva University; New York
Edward T. Habermann, M.D., Chairman

1988 – 1991

Resident in Orthopaedic Surgery at MontePore Medical Center
Albert Einstein College of Medicine, Yeshiva University; New York
Edward T. Habermann, M.D., Chairman

INTERNSHIP

1987 – 1988

Intern in Surgery at MontePore Medical Center
Albert Einstein College of Medicine; New York

MEDICAL SCHOOL

1983 – 1987

Doctor of Medicine (M.D.) Degree
State University of New York Health Sciences Center at Syracuse; Syracuse, New York

EDUCATION

1979 – 1983

Bachelor of Science (B.S.) Degree in Life Sciences and Economics
Massachusetts Institute of Technology; Boston, Massachusetts

1975 – 1979

Diploma
Skaneateles High School; Skaneateles, New York

RESEARCH

2006 - Present

Co-Investigator, FDA IDE Study of Cervical Disc Replacement Arthroplasty

US PATENTS

April 26, 2012

Patent Application No. **20120101506** Tissue Retractor

August 12, 2014

Patent No. **8,800,158** Allograft Cutter Device

PRIVATE PRACTICE

July 2019- Present

Orthopaedic and Spine Evaluations;
ShimSpine
309 State Street East • Suite 201 • Oldsmar Florida 34677

August 2009 – June 2019

General Orthopaedics Sub Specializing in Surgery of the Spine;
Florida Sports, Orthopaedic & Spine Medicine-Westchase

July 1998 – Dec 2012

General Orthopaedics Sub Specializing in Surgery of the Spine;
Florida Sports, Orthopaedic & Spine Medicine

August 1993 – June 1998

General Orthopaedics Sub Specializing in Surgery of the Spine;
Matthews Clinic, A multi-physician, multi-specialty, multi-location group based in Central Florida

COMPANY AFFILIATIONS

2013 to present

President, www.Entanglemedia.com

2019 to present

Co-Founder, www.MedicalChronology.com

STAFF APPOINTMENTS

James A. Haley Veteran's Hospital, Tampa, Florida. 2/6/16 (WOC)

Mease Hospitals; Safety Harbor, Florida and Dunedin, Florida

MEMBERSHIPS

Fellow, American Academy of Orthopaedic Surgeons

Fellow, American College of Surgeons

Fellow, North American Spine Society

CERTIFICATION

June 4, 1996

CertiPed Independent Medical Examiner;
American Board of Independent Medical Examiners

May 17, 1995

Expert Medical Advisor;
Division of Worker's Compensation, Florida Department of Labor and Employment
Security, Rehabilitation and Medical Services Unit.
Tallahassee, Florida

April 22, 1995

State of Florida Physician's Worker's Compensation CertiPed Training Course
For Health Care Providers; Tampa General Healthcare. Tampa, Florida

POSITIONS AND AWARDS

2014-2016

Chief of Surgery
Mease Countryside Hospital; Safety Harbor, Florida
Mease Dunedin Hospital; Dunedin, Florida

2009-2013

Orthopaedic Section Chief
Mease Countryside Hospital; Safety Harbor, Florida
Mease Dunedin Hospital; Dunedin, Florida

Board Member
Morton Plant Mease Research Council

Co-Director of Mease Neuro-Ortho Spine Center
Mease Dunedin Hospital; Dunedin, Florida.

ONLINE RECOGNITION

June 2020

[2020 Telly Award Bronze Winner, Category of Online, Health, Wellness and Fitness](#)

June 2020

[Shimspine YouTube Channel](#)

December 2016

[6 Spine surgeons ranked # 1 on Google - 2016](#)

July 2016

[Top Ten Most Liked Spine Surgeons on the Internet](#)

January 2016

2016 Spine Surgeons to Know list

TEACHING APPOINTMENTS

2003 - Present

Morton Plant Mease Family Practice Residency Program

2016-Present

USF Dept of Orthopaedics Affiliate Instructor

PRESENTATIONS & PUBLICATIONS

Sept 2015

www.Spine-Health.com Contributor/author
<http://www.spine-health.com/author/john-h-shim-md-facs>

June 2014

Surgeon Insights on the Changing Landscape of Orthopaedic Care.

March 2010

Minimally Invasive Transforaminal Lumbar Interbody Fusion
American Academy of Orthopaedic Surgeons Annual Meeting
New Orleans, Louisiana

February 2010

Chapter 33: Interspinous Spacers.
Shim JH, Mazza JS, Kim DH
Published in *Minimally Invasive Percutaneous Spinal Techniques*. Elsevier Health Sciences, Philadelphia, Pennsylvania. (Published 2011)

Chapter 35: Minimally Invasive Percutaneous Lumbar Fusion Technique.
Shim JH, Mazza JS, Kim DH
Published in *Minimally Invasive Percutaneous Spinal Techniques*. Elsevier Health Sciences, Philadelphia, Pennsylvania. (Published 2011)

Faculty
A Review of Dynamic Stabilization in the Lumbar Spine
Selby Spine Symposium; Park City, Utah

November 2009

Lumbar Spinal Stenosis
Community Based Lecture; Tampa, Florida

September 2009

Instructor/Proctor
Minimally Invasive Lumbar Cadaver Lab; Tampa, Florida

February 2009

Faculty
New Spinal Technology: Cervical Disc Replacement and Interspinous Spacers.
Selby Spine Symposium; Park City, Utah

February 2008

Faculty
The Degenerative Spine: The Role of Dynamic Lumbar Stabilization and Interspinous Spacers
Selby Spine Symposium; Park City, Utah

October 2008

Emerging Technology and Techniques in Spinal Surgery
Orthopaedics in the 21st Century Symposium; Morton Plant Mease Healthcare; Largo, Florida

September 2007

Emerging Technology in Spinal Surgery
Orthopaedics in the 21st Century Symposium; Morton Plant Mease Healthcare; Largo, Florida

October 2006

Emerging Technology and Techniques in Spinal Surgery
Orthopaedics in the 21st Century Symposium; Morton Plant Mease Healthcare; Largo, Florida

May 2005

The Role of Kyphoplasty in the Treatment of Vertebral Compression Fractures
Mease Neurosciences Symposium; Clearwater, Florida

COMMUNITY SERVICE

2019-2020	Lead Sponsor USO Fort Drum Scavenger Hunt Fundraiser
2015-2020	Kumquat Festival App Sponsor
2016-2020	BikePasco.com Lead Sponsor
2019	Head Sponsor Seasons In The Sun Music Festival
2011-2018	Head Sponsor Tampa Arthritis Association Reindeer Run
2017-2018	Korean War Veterans Ceremony Organizer and Sponsor

TOP PUBLISHED BLOGS

<https://www.shimspine.com/blog/>

March 2, 2020	<u>Why Lumbar Discectomy?</u>
December 11, 2019	<u>Spondylolisthesis</u>
February 13, 2019	<u>I rarely see a normal spine MRI</u>
January 9, 2020	<u>Why we have Back Sprains / Strains</u>
September 26, 2019	<u>Disc Herniation Vs. Disc Bulge</u>
February 6, 2020	<u>Why We Need A Spine</u>
February 14, 2020	<u>Spinal Instability</u>
November 14, 2013	<u>Loss of Cervical Lordosis</u>
November 1, 2019	<u>When to get an MRI</u>
October 14, 2019	<u>Disc Herniations or Slipped Discs Get Better Without Surgery</u>
February 13, 2013	<u>Did the Accident Cause the Disk Herniation?</u>
October 24, 2019	<u>How to be a Patient Patient</u>
January 8, 2020	<u>Treatment for Spondylolisthesis</u>
February 18, 2020	<u>Lumbar (Low Back) Fusion</u>
March 21, 2016	<u>Are Restrictions Post Discectomy Necessary?</u>
January 11, 2016	<u>Is a Pinched Nerve a Permanent Problem?</u>
April 6, 2016	<u>Surgery for Recurrent Disk Herniations</u>
June 21, 2016	<u>Cervical Instability</u>

TOP PUBLISHED VIDEOS

<https://www.youtube.com/channel/UC28OMbB99bBmtEOlqi5KrSg>

October 14, 2019	<u>Can a Disc Herniation Heal Itself?</u>
September 25, 2019	<u>Herniation vs Bulge</u>
January 9, 2020	<u>What is a Back Sprain?</u>
April 19, 2017	<u>Disc Herniation vs Disc Bulge</u>

November 21, 2017
February 27, 2018
May 26, 2017
December 11, 2019
June 18, 2019
July 17, 2019
July 9, 2018
September 13, 2017
October 24, 2017
July 24, 2017
November 8, 2018
April 22, 2019
July 14, 2017
July 5, 2017
July 31, 2019
March 2, 2020
June 13, 2017
August 9, 2018
April 19, 2019
August 9, 2019
February 6, 2020
August 31, 2017
February 14, 2020

[Why Do We Get Shorter With Age?](#)

[Lordosis](#)

[Cervical Foraminotomy](#)

[What Is Spondylolisthesis?](#)

[Evidence-Based Medicine](#)

[Neurologist for Back Pain](#)

[Post-Accident Evaluations](#)

[Basic Spine Anatomy](#)

[Why Do Spines Degenerate](#)

[Posterior Lumbar Fusion](#)

[Ice Versus Heat for Back Pain](#)

[Radiation Risks from Medical Tests](#)

[Lumbar Laminectomy](#)

[Anterior Cervical Discectomy and Fusion](#)

[What Is An Annular Tear?](#)

[Lumbar Discectomy](#)

[Lumbar Microdiscectomy](#)

[Epidural Steroid Injections](#)

[MRI Findings of Disc Bulge](#)

[What is Spinal Stenosis?](#)

[Why We Need A Spine](#)

[Lumbar CoBex Interlaminar Stabilization Surgery](#)

[Spinal Instability](#)